

Lightning back on track after penalty shoot-out win

THE race in the English Premier League is hotting up after MK Lightning grabbed a penalty shoot-out win over leaders Guildford Flames.

The victory put the Lions back on track following defeat to Bracknell Bees at the start of the weekend.

But having taken the game into overtime and penalties Lightning's hosts also earned themselves a point and are now six points clear at the top.

Toni Alasaarela emerged as the MK hero

as he was the only player managing to sneak the puck into the net, after missing his first, while Mikko Skinnari and Gary Clarke also had their saved.

It was an important victory following defeat to second placed Bracknell the previous day.

Bees had a 2-0 lead at the end of the first period before Nick Poole grabbed Lightning's first three minutes into the second.

Poole then set up Adam Carr in a power play to make the score 2-2.

Greg Randell added Lightning's third on the 48th minute but that was sandwiched between two from Bracknell with Matt Foord hitting the winner two minutes from time.

■ Lightning take on the Bees at Bracknell tonight in the first-leg of the EPL Cup semi-final. On Saturday they are at Slough Jets with face-off at 6.30pm and on Sunday Lightning host Wightlink Raiders, face-off is at 6pm.