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*ON THE ROAD LIST CASH PRICE INCLUDE DELIVERY, NUMBER PLATES, VALUE ADDED TAX, 12 MONTHS' VEHICLE EXCISE DUTY BASED ON THE CO2 EMISSION LEVEL AND VEHICLE FIRST REGISTRATION FEE AS APPLICABLE AT THE TIME OF SUPPLY. VAT IS CHARGED AT 17.5% ALL PRICE AND PRODUCT INFORMATION CORRECT AT TIME OF GOING TO PRESS. MODELS SHOWN SEAT IBIZA SPORT, LEON CUPRA R AND ALHAMBRA S.



Lightning Directory

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Associate Committee Members: Dave Fairhurst (MK Thunder) Pete Ledgard (MK Juniors) Pat Corrigan (Supporters Club) Simon Hunter (Supporters Club)

Coach: Nick Poole Asst. Coach: Simon Howard

Programme Contributors:
MKIHSC. MKJIHC. Paul Brookman

Sponsorship & PR: Vito Rausa, Chris Piggott, lan Cook

Match Night Announcers: Jacqui Dennis & Ian Cook

Official Scorer: Simon Hunter Timekeeper: Martin Waters Penalty Boxes: Ernie Ovenden Michael Ovenden

Goal Judges: Roy Langley "MK Jesters" Match Night DJ: David Stevenson

First Aid: Pete Nolan Photographer: Ian Summers WebSite:www.mk-lightning.com

Box Office No: 01908 696696

Face Off Times: Saturday 19.00hrs 18.00hrs Sunday

Admission Prices Adult £6.50 £3.50 Child Family(1Ad+2Ch) Family(2Ad+2Ch) £10 £16.50 Concessions £5.00

Programme Edited By: Lightning Strikes Programme Production: Kall Kwik MK

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Tickets are issued subject to regulations governing the admission of spectators. The management reserves the right of admission. Alcohol may not be brought into the premises. Milton Keynes Lightning merchandise is only available through approved outlets within the arena. No flash photography is allowed during the

From The Bench....

Good evening and welcome to the 'Thunderdome' for tonight's bia match with our dear old friends the Slough Jets. Tonight's game is the first of a Slough double header as we head down the motorway for a return match tomorrow night which will be our first English Cup competition game. Both games should be thrilling contests if the two previous games at Slough are anything to go by. Slough edged us by a goal in the first game, and we drew 2-2 a month ago in a very heated game.

At the time of writing we are not sure just which players may be missing from the Slough line-up as they were involved in a very highly penalized match last Sunday with Invicta. Whoever is out, I do not feel it will effect their team too much as they have a deep squad full of hard working players. One face familiar to fans in MK is their captain Rob Coutts whom we will have to be wary of as most of their offence does come through him.

As for our squad, I am very pleased with the way we are playing at the moment. I sense a great team spirit and a real sense of confidence and belief in the changing room at the moment. The guys are really enjoying the challenge of being league leaders and having other teams chase us. I hope you, the fans are enjoying the season as much as we are.

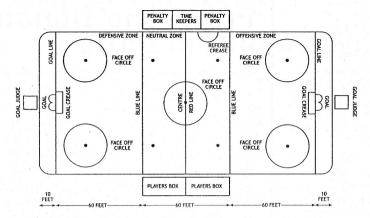
Enjoy the match,

Nick

NO FLASH PHOTOGRAPHY IS ALLOWED DURING THE GAME. ANYONE PERSISTING WITH THIS. MAY BE ASKED TO LEAVE THE ARENA.

Signing Autographs after tonight's game Barry Hollyhead

THE ARENA



Game Officials

The referee controls the game. He calls all the penalities and must decide the legality of goals, though sometimes he will call time and ask his linesmen for an opinion before he makes the final decision. The duty of the linesmen is to determine offside and icing. They drop the puck for face offs. They chase the puck after stoppage of play.

Where is the Game played?

The game takes place in the 'rink' which is approximately 200 feet long by 85 feet wide and is made of water, frozen on top of concrete, producing the ice surface. The arena has rounded corners.

What are all the lines painted on the Ice for?

The red line shows the centre of the ice and regulates how far the players can shoot and pass.

The blue lines split the rink into zones. The zone behind your own team's blue line is your defending zone and behind the other team's blue line is your attacking zone. The bit in the middle is the neutral Zone.

And the circles?

These are the face-off circles. Two just in front of and either side of each goal and one in the middle. These are where play starts and restarts after an interruption in play. Play always starts in the middle, but where it restarts, depends on what has happened in the play.

The Players.

There are six players for each team on the ice at any one time. Those six players will keep on changing throughout the game. Who is on the ice at any one time is a complex business which is determined by each teams coach.

There are 3 types of player:

Three forwards, who line up at the front and are in charge of offensive play i.e. trying to score goals. They are known as, Left Wing, Centre and Right Wing.

Two defencemen, one on the right and one on the left who try to prevent the other team scoring. One Goaltender or Goalie. or Netminder.

How Long Does a Game Last?

There are 3 periods of 20 minutes each but each time that play is interrupted the clock is stopped which means that each period can go on a lot longer than 20 minutes. There is a 15 minute break between each period.

entering the Thunderdome tonight

Slough Jets

Slough are making good progress in the EPNL, having dropped down from the BNL over the summer. They have kept hold of their 'veterans' David Heath, Norman Pinnington, and Jason Reilly, along with the majority of their key young british players. Imports Rob Coutts and Marc Long return, and are joined by this season by Matt Sirman and Jan Hoest. To date, they have had the upper-handover MK at the smaller 'Hanger', but will need to work hard on the larger Thunderdome pad.

Ones to Watch:

Rob Coutts #44 - Defence - Import

Slough Jets were Rob's first club in the UK after a successful OHL career. Rob played four seasons for the Jets totalling 222 points from 162 regular season games, before moving on to Milton Keynes Kings. Unrest within the Kings led to a change of Personnel and Rob was promoted to Player/Coach in his first season. He returned to the Kings for the 2000/01 season as Player Coach and lead the team to a 7th place finish, including some memorable battles with the Jets. Coutts made a return to the Jets for the 2001/02 season, but moved to Peterborough to complete the season.

Last seasons stats: Slough/Peterborough FBNL (GP) 51 10+22=32 42 PIMs

Jason Reilly #22 – Forward - British

Last season, by his own admission, Jason didn't reach the high standards that he has set for himself, but is with the Jets for his eighth season. A tireless, hard working forward, Jason plays a selfless game always with the teams best interest at heart. Last seasons state: FBNL (GP) 38 G+11=17 4 PiMs

David Heath #9 - Forward - British

Although a small player, David is a tough no-nonsense forward who gets the job done. He has played his entire senior career with the Jets, except for the 1992-93 season when he played for Milton Keynes.

Last seasons stats: FBNL (GP) 46 9+21=21 8 PiMs

Junior News

u12s Southern A League - Sunday 24th November

Guildford Fireflies (3) v. Milton Keynes Storm (2)

Milton Keynes travelled to Fortress Guildford with justified optimism after last week's amazing 3-3 draw. Matches between the two are invariably nervy, close-fought encounters, but MK seem to have the psychological edge this season and hoped to put their Guildford inx finally to a halt.

Having surrendered three early goals in the home leg, MK were anxious to start positively, and both lines showed all their skills in the early period of the match to control possession of the puck. Guildford were constantly under pressure, and forced to defend in numbers around their net, and early MK goals seemed inevitable. But as so often happens on these occasions, the first goal went on a breakaway to the home team (10:33), entirely against the run of play. Immediately the nature of the contest changed. Both teams conceded minor penalties for the remainder of the period, and the match became scrappy and disjointed, although Wilmott-Scriven had to be at his best between the pipes to defy Guildford a second goal.

The second period started in the same vane as the first, and MK attacked with skill, speed and purpose. Shots flew at the Guildford net, but more by luck than judgment, the Guildford goal remained intact. MK persevered, and Cox (27:52), assisted by Heron, scored a magnificent goal to square the game. Buoyed by their success MK continued their attack and for a brief while it seemed that the match was theirs for the taking. But Guildford are a resilient side, and as the intensity of the MK attack wavered, the home side forced their way back into the lead (32:32). MK started to tire, the hosts took control, and it was no surprise when they scored again after a fluent passing move (35:50). Faced with such a deficit, many sides would have succumbed, but not Milton Keynesl Despite feeling the effects of long shifts earlier in the period, Cox (38:03) was able to conjure up one last attacking effort to score one of his best goals of the season, a spectacular solo effort. The last adrenaline-fuelled minutes of the match witnessed a number of frantic efforts by the visitors to level the game, but the home side defended with discipline to retain their slender lead at the buzzer.

So the Guildford hoodoo continues, but MK lost nothing in defeat, and they can look forward to a home encounter with league-leaders Cardiff in a fortnight's time with growing confidence.

Scorers: Cox 2+0, Heron O+1

u14 Southern B League – South West Conference – Saturday 23rd November Milton Keynes vs. Oxford

After an outstanding start, Milton Keynes under 14s made hard work of defeating a much improved Oxford side last Saturday. Storm's first goal after fifteen seconds came before an Oxford player had even touched the puck. A clinical face-off followed by some superb passing saw Jamie Line tip home an effort from Daniel Harris after some frantic defense by Oxford. Less than two minutes later, team captain David Coffey unleashed a slap shot from the blue line to score Storm's second. Again, some superb passing involving all five MK players resulted in a second from Coffey in just less than four minutes. A turn-over in the defensive zone by Daniel Harris set Daniel Chaplen on a break away, which despite pressure from the Oxford defense, was slotted home at twenty three minutes.

With a four goal cushion, MK took their eye off the puck and two goals from the Oxford attack saw them edge their way back into the game in the early part of the third period. Oxfords renewed enthusiasm matched by MK's loss of concentration caused some tense moments as MK absorbed the pressure and a workman like performance from goalie Ollie Blythe kept them in the game. The deadlock finally ended when Harris buried the puck in the Oxford net with less than ten minutes left on the clock. Oxfords resolve evaporated and both sides were able to give their third lines plenty of ice time. A final goal from Jamie Cox ended the game at six-two to MK.

Their initial start showed that the MK team could play hockey with the best. Good positional play, clinical passing and deadly finishing effectively ended the game inside the first five minutes. Their inability to sustain the drive could have let a stronger opponent back into the game however, and this is something that will need to be worked on over coming weeks.

Scorers were, David Coffey (2+1), Daniel Harris (1+2), Daniel Chaplen (1+2), Jamie Line (1+0), Jamie Cox (1+0) and Tom Castle (O+1)

u16 Southern A League

Swindon vs. Milton Keynes - Saturday 23rd November

Swindon scored a short handed goal within the first two minutes but Milton Keynes pulled one back through lain McGill assist by Tomas Ledgard. Milton Keynes could have taken this period but failed to capitalize whilst 5 on 3. Which left them 2 – 1 down going in to the first break.

During the second, Milton Keynes allowed Swindon the freedom to skate and pass the puck which resulted in a further two goals being netted by the home team.

Going into the third, Swindon netted just three seconds in and Milton Keynes struggled to contain them, finishing the period 3-0.

Final Score: Swindon (7) - Milton Keynes (1)

lain McGill 1+0, Tomas Ledgard 0+1 MoM - Iain McGill

Milton Keynes vs. Peterborough - Sunday 24th November

Milton Keynes started with their backs against the wall and just didn't improve. They were unable to get out of their own zone for much of the time and Peterborough were able to net three quick goals in the first period. MK stepped up a gear in the second with their first goal scored by Ben Cook from Daniel Harris. Mikey Rausa netted the second assisted by lain McGill. Unfortunately for Milton Keynes, Peterborough netted a further five during this period. In the Third, Milton Keynes netted twice more. Once from lain McGill assisted by Mikey Rausa and a goal from Jamie Line was assisted by Tom Hurley.

All in all, a weekend's hockey that Milton Keynes would probably rather forget!

Final Score: MK (4) - Peterborough (14)

Mikey Rausa & Ian McGill 1+1, Ben Cook & Jamie Line 1+0, Tom Hurley & Daniel Harris 0+1 MoM: Jamie Line

Womens Division One – Southern Conference – Saturday 23rd November Romford (4) - Milton Keynes Falcons (2)

Period scores: 2-1, 1-0, 1-1 SoG -Romford 30 - Milton Keynes 34

The Falcons knew they would be in for a hard physical game, and it proved to be. Romford came out, with all guns blazing, determined to avenge their defeat the previous week at the hands of the Falcons.

The Falcons took the lead at 02:39 with a goal from Nat Bullen, with Romford equalising at 04:29 after a lot of pressure on the Falcons net. The Nighthawks then went ahead at 10:20, but the Falcons didn't back off, and that was how it stayed up to the end of the first period.

Romford again came out full of aggression and took a quick goal at 15:55. The Falcons tried to pick up the pace and out-shot their opponents in the second period 16 to 4 but were able to put the puck in the net.

In the third period, Romford appeared to start to tire, but snatched a powerplay goal at 40:21. The Falcons again rallied and scored through Nat Bullen at 44:05 but it was too late. The game finished 4-2, but the Falcons had nothing to be ashamed of they had gone out onto the ice and had given 100% and had not retaliated to all the slashing and off the puck and other 'activities' that were going on.

'MoM' Nonie Dowell

Come down and watch the stars of tomorrow......

Sat 7th Dec. U12's v Cardiff @ 12:45
Sat 7th Dec. Mk Thunder v Invicta Mustangs @ 19:00
Sun 8th U16/19B v Coventry @ 12:45
Sat 14th Dec. U14 v Slough @ 12:45
Sun 15th Dec. v Cardiff @12:45

Entry is **FREE** to all junior games **Tomorrow**:

Sun 1st Dec. MK Falcons v Oxford University @ 12:45

League Tables & Round Up

ENGLISH NATIONAL PREMIER LEAGUE

sponsored by www.icehockeyleague.co.uk

Team	<u>GP</u>	W	L	D	<u>GF</u>	GA	PTS	<u>PiM</u>
Milton Keynee Lightning	25	17	4	4	170	71	38	457
Slough Jets	23	14	3	6	111	80	34	772
Peterborough Phantoms	16	14	2	0	120	67	28	433
Swindon Lynx	21	12	6	3	136	86	27	510
Chelmsford Chieftians	21	9	6	6	131	95	24	588
Invicta Dynamos	20	10	В	2	80	81	24	342
Romford Raiders	23	В	11	, 4	117	131	22	629
Isle of Wight Raiders	20	В	9	3	109	90	21	391
Telford Wild Foxes	17	3	13	1	55	134	9	548
Haringey Racers	16	2	14	o _.	45	125	6	494
Nottingham Lions	18	1	16	1	43	117	5	284
England U20	6	0	6	0	13	53	0	147

Premier League Roundup

Peterborough have a tough time against the Lions, winning by the odd goal in eleven, as Lightning continue their home form, seeing off the Lynx. Jets take the points in their final meeting with Romford, and there were wins for both Invicta and the IOW.

Saturday's Results:

Raiders(IOW) 10 - 3 England u20s

7-1 Lynx Lightning Phantoms 6-5 Lions

8-5 Raiders(ROM) Jets

Wild Foxes 4-6 Dynamos

Sunday's round-up

Chelmsford Chieftans notch up their best home margin for sometime against the Wild Foxes. With Milton Keynes completing a four point weekend, Slough slip up in a penalty filled game against the Mo's.

Elsewhere, Lynx win by the odd goal in seven at Romford and the IOW take the points against an improving Lions team.

Sunday's Results:

Chieftans 17 - 2 Wildfoxes

2-9 Lightning Racers

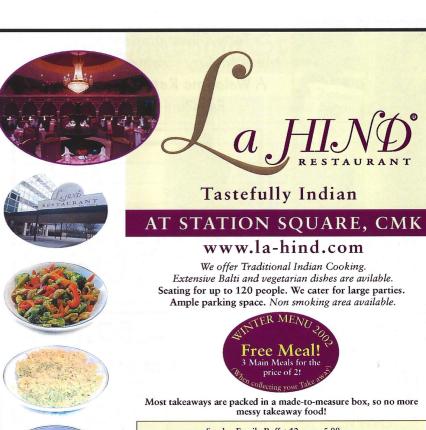
4-2 Jets Dynamos

1-4 Raiders(IOW)

Raiders(ROM) 3-4 Lynx

Leading Scorer	TEAM	<u>GP</u>	G	A	<u>PT5</u>	<u>PIM</u>
GARY CLARKE	(MIL)	25	55	30	85	42
NICK POOLE	(MIL)	25	23	56	79	В
KYLE AMYOTTE	(CHE)	21	39	31	70	18
MERY PRIEST	(SWI)	21	36	34	70	18
DAVID KOZIER	(IOW)	19	33	25	58	54
BRAD KENNY	(IOW)	19	33	25	58	54
ROB DOUGLAS	(ROM)	23	21	30	51	16
DANNY MARSHALL	(ROM)	21	15	34	49	4
ANDREW POWER	(CHE)	14	18	30	48	12
GREG OWEN	(MIL)	23	31	16	47	52

Netminders	<u>TEAM</u>	<u>GP</u>	MIN	50G	<u>GA</u>	SAY%	GAAY
ALLEN SUTTON	(MIL)	10	600	230	18	92.17	1.80
BARRY HOLLYHEAD	(MIL)	15	900	507	53	89.55	3.53
MATT VAN DER VELDEN	(INV)	18	1060	668	74	88.92	4.19
CHRIS DOUGLAS	(CHE)	21	1180	770	91	88.18	4.63
DANIEL HESLOP	(TEL)	14	785	691	85	87.70	6.50
SIMON SMITH	(SLO/ROM)22	1253	715	89	87.55	4.26
ANDY MOFFAT	(IOW)	17	989	657	80	87.82	4.85
DAVID WHITWELL	(PET)	13	764	420	54	87.14	4.24
MATHIEU DAVIDGE	(ROM)	17	927	590	80	86.44	5.18
GREG ROCKMAN	(SWI)	6	360	174	24	86.21	4.00





Most takeaways are packed in a made-to-measure box, so no more



Sunday Family Buffet 12 noon-5.00pm Eat as much as you like - Adults £8.50 Children: under 12: £4.90 under 5: Free

> Elder House, 502 Elder Gate, Station Square, Central Milton Keynes, MK9 1LR

Tel: 01908 675948/667331

Fax: 01908 675429 Email: lahind@amserve.com



Lunch 12.00 noon to 2.30pm Evening 5.30pm to 11.30pm Friday Lunch Closed Evening 5.30pm to 11.30pm Sunday All day from 12.00 noon to 11.00pm .

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No added food colourings







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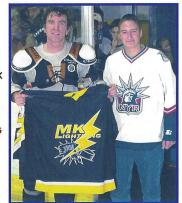
None at this end... 50 at the other Excellent Job.. Gary.



Chris

1st Game... 1st Strike..! Well Done & Welcome

Shirt Off His Back
23rd November
Tim Royal
Congratulations





Man of the Match 23rd November Gary Clarke Well Done!!

www.icehockeyleague.co.uk

Lightning Stats

	<u>GP</u>	<u>G</u>	Α	<u>Pts</u>	<u>PiMs</u>
Paul Gore	5	0	0	0.	2
Michael Knights	18	0	10	10	48
Leigh Jamieson	22	2	13	15	24
Phil Wooderson	25	3	6	9	6
Chris McEwen	2	1	0	1	0
Rich Munnelly	8	0	3	3	0.
Greg Owen	23	31	16	47	22
Mark Krater	23	6	11	17	14
Gary Clarke	25	55	30	85	42
Mark Conway	10	3	6	9	4
Dean Campbell	24	8	15	23	26
Kieron Goody	14	2	0	2	4
Geoff O'Hara	23	1	4	5	44
Dwayne Newman	24	3	23	26	61
Mikko Skinnari	25	14	25	39	30
Greg Randall	21	14	22	36	10
Simon Howard	18	4	5	9	52
Nick Poole	25	23	56	79	10
Paul Jamieson	4	0	0	0	0
Ross Bowers	1	0	0	0	0
Allen Sutton	25	0	0	0	2
Barry Hollyhead	23	0	2	2	24

EXCLUDES Challenge Games

	GP	Mins	Shots	GA	Save %	GAAv
Netminders	4					
Barry Hollyhead	23	900	511	53	89.55	3.53
Allen Sutton	25	600	230	18	92.17	1.8

Match report...... Match report....... Lightning vs. Lynx – Saturday 23rd November

Clarke & Owen 3+0, Poole & Newman 0+3, McEwen 1+0, Campbell, O'Hara & Skinnari 0+1 Nets: Hollyhead 33/1 (96.97%)

Lightning eased past Lynx in what was expected to be their biggest league challenge yet at the Thunderdome.

In fact the margin of the scoreline surprised most fans – as well as the team themselves! Both Greg Owen and Gary Clarke notched hat-tricks – the latter's was most significant as Sniper Clarke's third goal marked his 50th goal of the season in just 24 games.

Not since the days of Paddy Scott has Milton Keynes seen such a prolific goal getter. Predictably it was Clarke who notched the first and only goal of the first period when, also just as predictably, it was Nick Poole who played the puck across the face of goal for the Brit to fire home after 7mins 36secs. With just one goal separating the sides at the first break all was going as expected and most were anticipating there being no more than a couple of goals between the teams at the end of the game. Lightning quickly shattered that forecast when Dwayne Newman's long blast to the net on the powerplay was turned into the net by Owen in the 24th minute.

New signing Chris McEwen could not hide his joy when he scored on his debut for the third just over a minute later. It was at that point that Lynx's game plan began to fall apart – player coach Merv Priest's frustration boiling over at the end of the period. That resulted in him starting the third session in the penalty box on an unsportsmanlike conduct call.

Lightning quickly took advantage with a second powerplay goal. This time Mikko Skinnari drove to the net from the blue line and once again Owen turned the puck into the net.

Priest finally gave Lynx some outside hope with a goal following a rebounding shot from Robin Davison with less than seven minutes to go.

However the joy was shortlived as Clarke went one on one with Lynx netminder Gregg Rockman for Lightning's fifth a minute or so later for an unassisted goal. In truth though the move was start by Newman's pass out of defence.

Newman was credited with the assist on Owen's hat-trick goal at 56mins 31secs – a goal which should have seen Lightning case up.

However Clarke had other ideas with that magical half century looming. And with just 20 seconds to the buzzer he – and his team-mates – were ecstatic when he shot through a sea of players into the net for goal number 50 and number seven on the night for Lightning. What a night, what a result.

Tired of waiting in a queue to be able to watch your MK Lightning each week....??

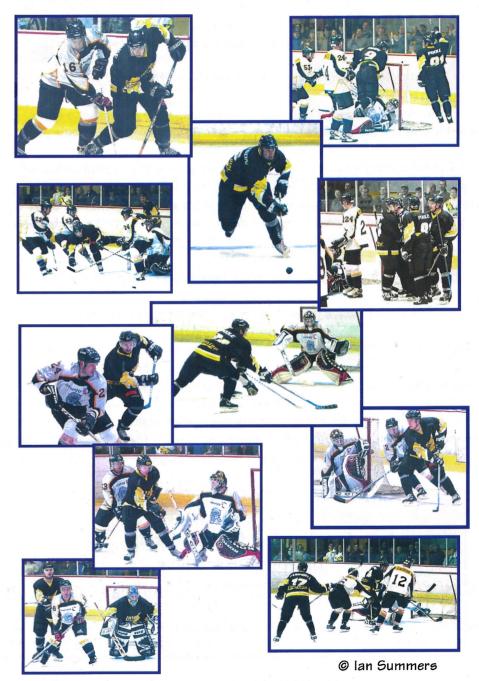
Why not buy your tickets in advance..ll Cash, Cheque and also Credit Card facilities available

Call the Booking Office to ensure you don't have to wait for your seat to watch the best entertainment each weekend.

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Doors Open On Match Night at 6pm

s Open On Match Night at 6pn www.icehockeyleague.co.uk



MK Lightning

can offer a full range of Sponsorship & Corporate opportunities



Match Night sponsorship - the special way to enjoy the game

You and your friends can enjoy the game in your own private suite overlooking the arena, whilst enjoying a hot or cold buffet and your own bar and waitress service.

Optional extra's can be built into making your night special including presenting the Man of the Match award, having a pre-match tour of the facility, personalised match night memorabilia and a post match meet the players session. A great way to have fun with friends, or to celebrate a special occasion, or as a corporate night with colleagues.

Prices start from only £15 per head, including entrance to the match.

Team & Player Sponsorship - you can be part of the team

Do you have a favourite player? Would you like to personally contribute to the team and have your name associated with a successful sports team? Maybe you and your friends have a fan club that want to sponsor a player.

Personal player

sponsorship gets your name in the match night programme, announcements made during the game and tickets (certain packages only) to watch your favourite player.

Want to be part of the winning team?

For details of sponsorship

Call our hotline now

01908 694239 or email marketing@mk-lightning.com

Match night sponsorship

Programme advertising
Schools & community programmes

Personal player sponsorship Rink side advertising Corporate match nights Equipment sponsorship
Arena banner advertising
Parties and special occasions

- - . . I

ENHL South - Sunday 24th November MK Thunder (4) v (5) Bracknell Hornets

Period Scores: 1-2, 1-3, 2-0

SoG: On Thunder's Mark Woolf - 35 On Bracknell's Dan Green - 49

Scorers: MK Thunder: James Roberts 1+0, Keiron Goody 1+0, Bobby Jinks 1+0,

Paul Jamieson 1+0

Bracknell Hornets: Danny Hughes 3+0, Chris West 1+1, Carl Hastings 1+0, Shane Walsh 0+1, Kevin Murphy 0+1, Adam Hyman 0+1,

Thunder felt the sting of Bracknell Hornets on Sunday when Bracknell got revenge for their loss to the Milton Keynes side in their own rink earlier in the season. This was a very hard fought contest with an exciting ending as Thunder fought their way back from a 5-2 deficit at the end of the second period coming up just short of the equaliser in the dying moments.

Thunder took the early lead when they capitalised on a powerplay opportunity in the sixth minute, Paul Jamieson finding a way past Bracknells man of the match Dan Green in the Bracknell goal. Hornets got their chance to draw level two minutes later, again with a powerplay, goal before taking the lead at 16:53. The second period was ruined by numerous poor calls from the officials and a number of altercations from both sides, but it was Bracknell who took advantage scoring twice before Thunder pegged one back. New defencemen Bobby Jinks

scoring with a vicious slap shot from wide on the blue line. Having got back to 2-4 Thunder looked to be raising their game, but again fell to another powerplay goal just before the end of the period.

The final period belonged totally to Thunder, they left their best hockey of the game until now and dominated Hornets for the final twenty minutes despite the intervention of the referee for mysterious reasons. Goals from James Roberts and Keiron Goody got Thunder back to within one goal and for the last few minutes they rained shots in on Dan Green in Hornets goal, who somehow managed to get in the way of all of them for Bracknell to edge the win 5-4.

Sunday 1st December
MK Thunder v Cambridge University @ 18:30
Charity Game in aid of Children in Need
Come down and give us your support
it's all for a good cause



Milton Keynes Lightning



PLAYERS			G	OA	LS.			PENAL	TIES
1. Allen Sutton		G	Α	Α	Time	PP/SH	No	Offence	Dur Time
BANGOAN 4. Michael Knights (A)	1	55	-	91	1024	PP	14	USC	2 2420
5. Leigh Jamieson 🦯	2	17	55	C :	2936	00	91	Imply	2 2519
7. Phil Wooderson	_	<u>55</u> 91	27	91	3251	775	4	Hoseine	2 3324
3. Chris McEwen	5	14	-	91	5934		5	Holding	2 374
9. Greg Owen	6			• •				100419	
11. Mark Krater 🗸	7								1
14. Gary Clarke	8			<i>7</i>	1/7	77	1	7/	
Sponsored by Barfordian 16-Mark Conway	10				-//-	/ /	H		
17. Dean Campbell (A) 🗸	11				// CG		17		
18. Kieron Goody	12			1/4					
20. Geoff O'Hara	13		100			· ·			
22.Dwayne Newman (C)	14						4	777	
Sponsored by: MK Seat 27. Mikko Skinnari	15 16		phi c	<u></u>					
Sponsored by: Barfordian 31. Barry Hollyhead	17			1	1/2			, ,	
	18								¥
50. Greg Randall (A)	19						_		
55. Simon Howard / Sponeored by MK Seat	20						L		
91. Nick Poole / Sponsored by: MK Seat	1				ch Awa			Tonight's F	
	5	5	H	0 h	DAR),		EVAN	3
Coach: Nick Pools Asst. Coach: Simon Howard	В	ind (ocore		1 4	at .	2nd	3rd	Final
Team Manager: John Jamieson Team Medic: Pete Nolan		ioa t htnii				ov	2na 2	2	5
	Je			12899	li		2	0	3



Slough Jets



PLAYERS			G	OA	LS			PENALI	TE9	
1. Tommy Brooks n/m		G	Α	A	Time	PP/SH	No	Offence	Dur	Time
2. Michael Plenty 🗸	_	_			450	11/311	-	. 0		829
4. Warren Rost 🗸	1	44	23		2	00	8	Intert.		8
5. Scott Moody 🗸	2	7	11	27	3424	PP.	44	Hold Stick		1144
6. Simon Greaves	3	11	7		3857	PP.	23	USC	2	2420
7. Adam Greener	4	0.00	-	182			27	Holdin	2	2730
8. Matt Foord 🗸	5						9	Inter.	2	3007
9. David Heath (A) 🗸	6			20.00	Sept. Sept. 1		1	A		3050
10. Terry Miles						entrance.	(1	Holding Stick	-	20
11. Matt Sirman 🗸	7		- 000	10000	1// /	- /	×		1	
14. Christian Babbage 🦯	8	1								
15. Adam Bicknell	9	1								
16. Carl Graham	10	1	11							
19. John Denovan 🗸	11		11						7	
20. Barry Skene	12			7			1			
21. Matt Towalski 🏑			111	1						
22. Jason Reilly (A) 🗸	13		11	1	-				<u> </u>	
23. Stuart Tait 🗸	14			1	()					
27. Norman Pinnington 🗸	15			1111						
33. Simon Smith n/m 🥢	16		4.							, ,
37. Adam Dobson n/m 🏑	17									
44. Rob Coutts (C)	18									
71. Mare Long	19									
² Yan Hoest	20					-				
Coach: Warren Rost	20								L	
Equipment: Peter Tyler,					ch Awa			TONIGHT'S LINE	SMEN	
Craig Moran Physio: Annie Thompson	2	2	2	EL	LLY					

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Shote on Goal	1st	2nd	3rd	Final
Lightning	14	13	12	39
Jets	5	15	5.	25

Match Report..... Match Report.....

Racers vs. Lightning - Sunday 24th November

Clarke 5+2, Poole 1+4, Owen 1+2, Newman 1+1, Skinnari 1+0, Jamieson & Krater O+1 Nets: Sutton 3O/2 (93.33%)

There was no apprehension or tentative play from the Lightning as they completed a great four-point weekend by beating Haringey at Alexandra palace Sunday night.

The team arrived in great spirits from the huge win over league title contender's Swindon the night before and displayed a solid performance both offensively and defensively.

Although Haringey took an early lead the majority of the period was dominated by the superior skating and passing skills of the Lightning. Gary Clarke took advantage of a bad pass by the Haringey defence and this was quickly followed by Nick Poole finishing off a nice move on the powerplay. Greg Owen then scored a solo effort, before Clarke added his second, and the teams fourth 23 seconds later. Captain Dwayne Newman rounded off the period with a powerful shot from the point, again on the powerplay, to give the Lightning a 5-1 first period scoreline and a shot tally 31 to 7.

With the game well and truly won, Lightning rarely looked to be stretched and it was a question of Lightning finishing their chances. Gary Clarke added two, including his hat trick and 54th goal of the season both assisted by Poole. Lightning added their third of the period through Mikko Skinnari. The third period at times slowed to walking pace, as the home team conceded defeat, the teams exchanged one goal a piece, first through Clarke as he hit his fifth and a screaming top corner slap shot from Haringey's Austin Spenni, which left Sutton with no chance.

It may well be the last time the Lightning faces Haringey this season, if the later does not make the play-offs. A very professional performance ended a great four-point weekend for the MK Lightning.

Do the 'Wobblies' with Nick Poole.

The "Wobblies", is a course for potential ice hockey players, who are interested in joining the Milton Keynes Junior Ice Hockey Club. The course allows these players to experience the sport of ice hockey, by wearing a helmet and using a hockey stick and plastic puck. The course is aimed at children under the age of twelve.

Courses are organised by the MK Junior Club, under the direction of Nick Poole.

For further information contact, Alison Anders on 01908 267135

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Milton Keynes Ice Hockey Supporters Club News

A very warm welcome is extended to the Slough Jets and their travelling. Enjoy the match and we wish you a safe journey home afterwards. Children under the age of 16 are not allowed to remain in the Licensed bar after 9.30pm. The family room is available after that time, access is through the door leading into A block. All children under the age of 12 must be supervised by an adult in the family room please.

Supporters Club Committee for this year are: Pat Corrigan, Debbie Marshall, Allyson Jones, Melanie Chandler, Roy Warlow and Simon Hunter. Any time you wish to contact us you may do so at the Supporters Club stand, we are always available to you.

6HIRT OFF HIS BACK. Tickets are available from our seller going around the rink, and at the Club stand. The draw will be made after the second interval by a young fan and presented by the player at the conclusion of the match. Last week's winner, Tim Royal, won Nick Poole's away shirt, thank you for your support and for your help. The whole of the income from this draw goes directly to the team so everyone's contribution is very important..

50 / 50 DRAW. The sellers will be at the top of the concourse, and in the reception area before the game starts. They will be around the rink and also at the Club stand during the match. A young fan will be asked to make the draw at the beginning of the third period and the winner should come to the stand to collect their prize. 50% of the take goes in prize money and 50% goes to the club to support the team. Last weeks winner, Peter Rear went home £90 the richer. Thank you all for your continued support.

<u>6PONSORS SIGNED PHOTOGRAPHS</u> are now at the club stand for those of you who have sponsored a player. Please dome and collect them this week.

<u>DUPPORTERS CLUB MEMBERSHIP</u>. If you have not already done so, collect your membership card and personalised LIGHTNING key ring from the club stand tonight. There are many benefits to joining, priority entry to all social events, special rates to travel on the coach, discounts on some of the merchandise, 5% discount on your LIGHTNING shirt, and special social events with the players and management.

The decision was taken at the last full committee meeting to make the Milton Keynes General Hospital S.C.B.U. (Special Care Baby Unit) our nominated charity this year. We shall be having special fund raising events for them during the earon. As many of you will be aware, it often has to send very ill babies to other hospitals due to a shortage of funds and we want to give our help from the Supporters and team, so please keep your eyes on this space for the details. We will also have information of the Club stand on match nights. Our thanks go to Neil, a long time Milton Keynes supporter, who has donated his collection of lapel pins to be sold in aid of the SCBU. We are selling them at just £2.00 each on the club stand and the whole of the money collected will start off our appeal.

Social Scene

The special "evening with the players" was held at our newest Sponsor — LaHind — on Monday night and everyone who went had a really great evening. The food and service was excellent and we had 70 guests joining the team to enjoy themselves. A big "thank you" must be given to Vito for the organization, to the players for joining us and to the staff and management of LaHind for their superb service.

The entry forms for Dr Phil's Quiz night on 22nd December are now available, and the Christmas / New Year Party on Monday 30th December will round the year off. Next years social events will begin with the re-scheduled bowling night at Xecape.

<u>BUS BUSINESS</u>. The deposits for the weekend trip to the Isle of Wight on 4th January are due by the end of November as the Hotel will only reserve rooms on receipt of a deposit. Please bring your £25.00 each to the 5 Club stand by 30th November to secure your place. The hotel is booked for bed and breakfast, and is just 5 minutes walk from the rink. We anticipate the cost to be £80 per Supporters Club member. The cost to non-members will be £10.00 extra. This includes bed and breakfast, travel from MK to Isle of Wight and return to MK, and match ticket at the I 0 W. We can arrange for match night tickets for the Sunday game at Planet Ice CMK if you so wish but must have numbers before Christmas. <u>PLAYER OF THE MONTH TROPHY.</u> The Supporters Club trophy will be voted on each month by members and the presentation will be made at the first home game of the following month. Once again the sponsor of these beautiful and individual trophies is RCM Partitions — Bob & Debbie Marshall. Bob and Debbie are long time supporters of Hockey in MK and our thanks go to them for their sponsorship. November's voting forms are now available at the club stand and should be completed and handed in on 30th November.

MERCHANDISE MALL. Orders taken in October have been ordered and we have been told that they will be here by the 7th December (Hopefully) Please keep your fingers crossed for this date as the last order was somewhat late. So that we can be sure that Christmas orders will be here in time for the festivities we are sending the next order in after next weeks game. Do please place your order early for Christmas to avoid disappointment. We will have Lightning socks available shortly, but they are limited in number. The GO MK logos should be on the stand this weekend. There is one for the front and one for the back, and can be purchased at just £8.00 for the pair.

Lightning playing shirts Plain £45.00	Players with Name etc	£50.00 Personalised	£60.00
Adult Track suits S/M/L/XL	£50.00	XXL	£60.00
Adult jacket only	£35.00	XXL	£40.00
Childs Track suits (up to 28")	£40.00	Jackets only	£27.50
Full zip fleeces (To order)	£30.00	Half zip (to order)	£27.50
Childs Full zip fleece (To order)	£20.00		
Black or yellow polo shirt - adult	£18.00 Non Members	£15.00 Mem	bers
Embroidered logos on your own garment - 5	Supporters Club only	£6.00 Men	nbers
Baseball caps with logo	£9.00 Non members	£7.50 Memb	pers
Enamel lapel pins	£2.50 Non members	£2.00 Mem	bers
Thermal lined Knitted hats with logo	£9.50 Non members	£8.50 Mem	bers
Knitted hats with logo	£8.00 Non members	£7.00 Mem	pers
Button Badges/Key rings	£0.50p	Horns	£5.00
Special limited Edn Bronzed pucks	£10.00	Mugs	£5.00
Talking Key rings	£2.00	Flashing headbands	£2.50
Pom poms £3.00 each	£5.00 pair	Rattles	£1.00
Hockey Players (Large)	£10.00	Hockey Players (small)	£10.00
Engraved beer mugs	£11.00	With Personalised base	£15.00

We hope to have small Lightning shirts (from age 3years) on sale before Christmas so watch this space for the date that they arrive.

If you have any special merchandise requirements we will do our best to fulfil them. Please contact Mel or Debbie at the stand.

CHRISTMAS SPECIAL OFFER ON CHILDRENS POLO SHIRTS

From now until Christmas the children's polo shirts sizes from 3yrs to 10yrs are at a special price of just £8.00 each to Supporters Club members

THE EQUIPMENT SPONSORSHIP GRID To get your name in the match night programme every week, sign up at the club stand. The basic equipment sponsors will receive a signed photograph of their sponsored player, and details of the special sponsorship deals can be seen at the club stand.

SPECIAL SPONSORS TO MICHAEL KNIGHTS Keith and Lorna Main (KLM) SPECIAL SPONSORS TO MICHAEL KNIGHTS Gary Cockram

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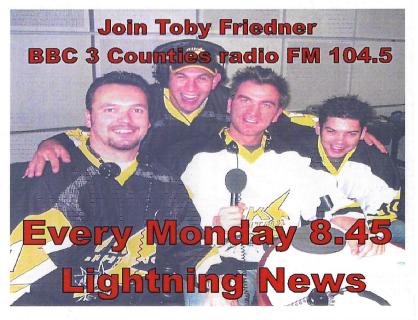
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Autograph:

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Player Profile

Name: Barry Hollyhead Shirt Number: #31 Position: Netminder DOB: 4th June 1975

Place of Birth: Shrewsbury Status: Engaged to Tracy

Nickname: Bazza

Former clubs: Telford Tigers, Blackburn Hawks, Solihull/Coventry Blaze

Earliest memory of playing: ... training at 6am on a Saturday morning!

Biggest influence on your career: Chuck Taylor

Best moment in hockey/sport: ... winning hockey games - a win is a win!!

Worst moment in hockey/sport: getting injured, so you can't play.

Most admired players in hockey: Tony Hand, Wayne Crawford

Three words to describe yourself: Hardworking, Honest, Committed

Favourite food/drink: Chicken & Pasta.... pepsi or milkshake

Ideal night in/out: out with friends for a meal, and a few drinks.

Superstitions: too many to mention !!

How do you think hockey could be improved in this country ?: teams spending only what they can afford

What event in the world would you pay to watch ??: World Cup Football Finals

What event would you pay to avoid watching ??: Snooker or Cricket

If you were not playing hockey, what would you be doing?: who knows, I chose Hockey!!

 $\label{lem:Ambitions: To win the Lottery !!} \begin{picture}(100,0) \put(0,0){\line(1,0){100}} \pu$



Sponsor your favourite Lightning Equipment

Name		Player Gold	Player Silver	Player Bronze	Shirt	Skates	Stick
		£450	£300	£150	£100	£100	£60
1. Allen Sutton	T						
4. Michael Knights	Α			Sylvia West			
5. Leigh Jamieson	C K						
7. Phil Wooderson							T.O.G's
9. Greg Owen	S						
11. Mark Krater	T			5 C 1.00			Jo
14, Gary Clarke		Russell & Marcia					Belinda Elcox
17. Dean Campbell	5 P	Mike Piggott	Pat Corrigan				Scott Fair
22.Dwayne Newman	0 N				Diane,Simon & Harrison		Sarah Hudson
27. Mikko Skinnari	5			Danni Cox			
31. Barry Hollyhead	O R						
50. Greg Randall	$\frac{1}{c}$	Keith & Lorna KLM					
55. Simon Howard	A				\		
91. Nick Poole	R			Carolynn Langley			Jane Hudson
18. Kieron Goody	L					Sarakas i de mento	
8. Rich Munnelly	E						
16. Mark Conway	Н						
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- Your name alongside your sponsored player on sponsors grid
- To arrange sponsorship contact The Club Stand on match nights

Helmet	Gloves	Shoulder Pads	Вох	Leg Guards	Elbow Pads	Socks	LegTape
£25	£20	£15	£10	£5	£5	£5	£5
Ice Gems				X. 1	Fancourt & Hamilton		
		B2 Promo Designs	Sonny & Mason	В	2 Promo	Design	5
ı	ce Gem	5	Paul & Jane Connor		Ice G	ems	
			Andy & Sian Roles	Cats Prot	ection Lea	gue 01296	738558
	Roy & Diana Warlow	B2 Promo Designs		В	2 Promo	Design	5
		Rob & Helen			Cai K	rater	
			Lesley & Michelle	Воь 8	Deb RC	M Parti	tions
	Roy & Diana Warlow	Wheelchair Noize	Amy Taylor	Charlotte Hopkins	Thomas Gamba	Ashley Swain	Thomas Gamba
	Paul & Jane Connor		Diane,Simon & Harrison	Emma Lyford Brown	Bowler	Ashley Swain	
	Roy & Diana Warlow				ime Tre	e Pantr	y
	Roy & Diana Warlow	Geoff Spring			ime Tre	e Pantr	y
	Kevin Slade	7		Vicky C	hadwic	k	
		Wheelchair Noize		Al	lyson A	BC Desi	gn
	Paul & Jane Connor	Wheelchair Noize	Tina Marshall	Bob 8	L Deb RC	M Part	itions
Samuel Sa	Roy & Diana Warlow		Travellers To Nottingham	Pat Corrigan	Luke W		
				Kim Cole	Chloe Hoy		
		15.		Pat Corrigan	I Blo	ck Fan	Club
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Fixtures & Facts

August Sat. 35	Date	Opposition	H/A	Competition	Face Off	Result	Man of the Match
September Sun OT	August						
Sun O	Sat 31	Romford Raiders	Н	ENPL	19.00	7-70	N.Poole
Sat 07 Chairmeford Chieftaine H ENPL 19.00 9-8W D.Newman Sun 10 Haringey Racers A ENPL 17.15 8-4W G.Clarke Sat 14 Nottingham Lions H ENPL 19.00 6-0W G.Owen Sun 15 Feterboro Phantome A ENPL 17.30 4-6L L.Jamieson Sun 22 Nottingham Lions A ENPL 19.00 13-2W 5.Howard Sun 22 Nottingham Lions A ENPL 19.00 11-1W M.Skinnari Sun 22 Romford Raiders A ENPL 19.00 11-1W M.Skinnari Sun 26 Siough Jets A ENPL 19.00 3-1W M.Conway Sun 06 Slough Jets A ENPL 19.00 3-1W M.Conway Sun 06 Slough Jets A ENPL 19.00 3-1W M.Colarke Sat 12 Chelmeford Chieftains H ENPL 19.00 3-1W <td>Septembe</td> <td>r</td> <td></td> <td></td> <td></td> <td></td> <td></td>	Septembe	r					
Sun 08	Sun O1	Invicta Dynamos	Α	ENPL	17.15	5-2W	G.Owen
Sat 14	Sat 07	Chalmsford Chieftains	Н	ENPL	19.00	9-8W	D.Newman
Sun 15	Sun 08	Haringey Racers	Α	ENPL	17.15	8-4W	G.Clarke
Sat 21 Telford Wild Foxes	Sat 14	Nottingham Lione	Н	ENFL	19.00	6-0W	G.Owen
Sun 22	Sun 15	Peterboro Phantoms	Α	ENPL	17.30	4-6L	L.Jamieson
Sat 28	Sat 21	Telford Wild Foxes	Н	ENPL	19.00	13-2W	5.Howard
Sun 29	Sun 22	Nottingham Lions	Α	ENPL	17.00	6-2W	G.Clarke
October Sat 05 Invicta Dynamos H ENPL 19.00 8-1W M.Conway Sun 06 Slough Jets A ENPL 18.15 3-4L G.Clarke Sat 12 Chelmsford Chiertains H ENPL 19.00 8-1W B.Hollyhead Sun 13 Telford Wild Foxes A ENPL 17.30 5-2W N.Poole Thu 17 Coventry Blaze A Challenge 20.00 1-6L G.Randall Sat 19 IOW Raiders H ENPL 19.00 8-4W M.Skinnari Sun 20 Romford Raiders A ENPL 19.00 11-1W D.Newman Wed 30 Peterborough Phantoms H Challenge 19.30 9-7W P.Wooderson November Sat 02 Slough Jets A ENPL 19.00 2-2D M.Skinnari Sun 03 Telford Wild Foxes A ENPL 19.00 11-0W M.Conway Sun 10 IOW Raiders A	Sat 28	Haringey Racers	Н	ENPL	19.00	11-1W	M.Skinnari
Sat 05	Sun 29	Romford Raiders	Α	ENPL	17.15	4-6L	G.Owen
Sun 06 Slough Jets A ENPL 18.15 3-4L G.Clarke 6at 12 Cholmsford Chieftains H ENPL 19.00 8-1W B.Hollyhead Sun 13 Telford Wild Foxes A ENPL 17.30 5-2W N.Poole Thu 17 Coventry Blaze A Challenge 20.00 1-6L G.Randall Sat 19 IOW Raiders H ENPL 19.00 8-4W M.Skinnari Sun 20 Romford Raiders A ENPL 17.15 1-2L D.Campbell Sat 26 Haringey Racers H ENPL 19.00 11-1W D.Newman Wed 30 Peterborough Phantoms H Challenge 19.30 9-7W P.Wooderson November Sat 02 Slough Jets A ENPL 19.00 2-2D M.Skinnari Sun 03 Telford Wild Foxes A ENPL 19.00 11-0W M.Conway Sat 16 Romford Raiders A ENPL	October					*	
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Sat 26 Haringcy Racers H ENPL 19.00 11-1W D.Newman Wed 30 Peterborough Phantoms H Challenge 19.30 9-7W P.Wooderson November Sat 02 Slough Jets A ENPL 19.00 2-2D M.Skinnari Sun 03 Telford Wild Foxes A ENPL 17.30 8-1W P.Wooderson Sat 09 Nottingham Lions H ENPL 19.00 11-0W M.Conway Sun 10 IOW Raiders A ENPL 19.00 11-0W M.Conway Sun 10 IOW Raiders A ENPL 19.00 7-3W M.Skinnari Sun 17 Invicta Dynamos A ENPL 17.15 4-4D M.Knights Sat 23 Swindon Lynx H ENPL 19.00 7-1W G.Clarke Sun 24 Haringey Racers A ENPL 19.00 December Sun 01 Slough Jets A CUP 18.15	Sat 19	IOW Raiders	Н	ENFL	19.00	8-4W	M.5kinnari
Wed 30 Peterborough Phantoms H Challenge 19.30 9-7W P.Wooderson November Sat 02 Slough Jets A ENPL 19.00 2-2D M.9kinnari Sun 03 Telford Wild Foxes A ENPL 17.30 8-1W P.Wooderson Sat 09 Nottingham Lions H ENPL 19.00 11-0W M.Conway Sun 10 IOW Raiders A ENPL 18.30 5-5D L.Jamieson Sat 16 Romford Raiders H ENPL 19.00 7-3W M.9kinnari Sun 17 Invicta Dynamos A ENPL 17.15 4-4D M.Knights Sat 23 Swindon Lynx H ENPL 19.00 7-1W G.Clarke Sun 24 Haringey Racers A ENPL 17.15 9-2W G.Owen Sat 30 Slough Jets A CUP 18.15 Sat 07 Swindon Lynx A ENPL 19.00 Sun 15	Sun 20	Romford Raiders	Α	ENPL	17.15	1-2L	D.Campbell
November	Sat 26	Haringey Racers	н	ENPL	19.00	11-1W	D.Newman
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Date	Opposition	H/A	Competition	Face Off	Result	Man of the Match
January						
Sat 04	IOW Raiders	Α	CUP	18.30		
Sun 05	Swindon Lynx	Н	ENPL	18.00		
Sat 11	Invicta Dynamos	Н	ENPL	19.00		
Sun 12	Chelmsford Chieftains	Α	ENPL	18.30		
Sat 18	Invicta Dynamos	Н	CUP	19.00		
Sun 19	IOW Raiders	Α	ENPL	18:30		
Sat 25	England U20's	Н	ENPL	19.00		
Sun 26	Swindon Lynx	Α	ENPL	18.00		
Feburary						
Sat O1	Swindon Lynx	Α	CUP	18.00		
Sun O2	Slough Jets	Н	ENPL	18.00		
Sat 08	Peterboro Phantoms	Н	ENPL	19.00		
Sun 09	Invicta Dynamos	Α	CUP	17:15		
Sat 15						
Sun 16	Slough Jets	Н	CUP	18.00		
5at 22	Swindon Lynx	Н	CUP	19.00		
Sun 23	Nottingham Lions	Α	ENPL	18.00		
March						
5at 01	Romford Raiders	Н	CUF	19.00		
Sat 02	Romford Raiders	Α	CUP	17.15		
5at 08	IOW Raiders	Н	GUP	19.30		
Sun 09	Chelmsford Chieftains	A	ENPL	17.15		

Lightning Score Shown First

Playoffs to be played between March 15th & April 13th 2003 Key: ENPL - English National Premier League CUP - English Cup

Fancy a trip to the sea-side ..??

Come and support the Under 19 Juniors, at their away game on the Isle of Wight on Sunday 8th December.

Some seats are available on the team bue at £20.00 which includes

Sea-Cat to Ryde Esplanade. Departing Planet Ice around 11:15 on the 8th and returning at approx 23:30.

Please call ANDY ROLES on 01908 569155 to book your seat.

Hockey is a Dangerous Sport. Keep your eyes on the puck at all times.!!



OFFICIAL REFEREE'S SIGNALS



BOARDING Pound closed fist into open palm of other hand. Forcing a player into the boards.



DELAYED PENALTY Extends arm upwards and points to penalized player. Penalty called after penalized team gains possession of puck.



HOLDING Clasp wrist of the whistle hand with the opposite hand. Holding an opponent with hands or stick.



CHARGING
Rotating clenched
fists around each
other. A player who
runs, jumps or
charges an
opponent.



ELBOWS
Taps elbow of the whistle hand with other hand.
Using elbows in any way to foul an opponent.



HOOKING Tugging motion with both hands towards chest. Impeding an opponents progress by hooking with a stick.



CROSS-CHECKING A forward and backward motion with both fists. Cross-checking on opponent with the shaft of the stick.



HIGH STICKS
Hold both fists
clenched one above
the other and above
head. Carrying or
using stick above
shoulder level.



SLASHING Chopping motion with one hand over the other. Impeding progress of an opponent by slashing with a stick.



INTERFERENCE Crossed arms in front of the chest. Impeding progress of an opponent not in possession of the puck.



ROUGHING Extends right arm from side with thrust. Unnecessary roughness on an opponent.



TRIPPING Strike right leg with right hand below the knee. Tripping an opponent with stick, knee, foot, arm or elbow.



MISCONDUCT Both hands on hips. Continued misconduct after warning.



SPEARING
Jabbing motion with
both hands in front
of body. Spearing an
opponent with the
stick blade, or
attempting to.



WASH OUT
Both arms swing laterally across body palms down. Goal disallowed or no offside after delay call.



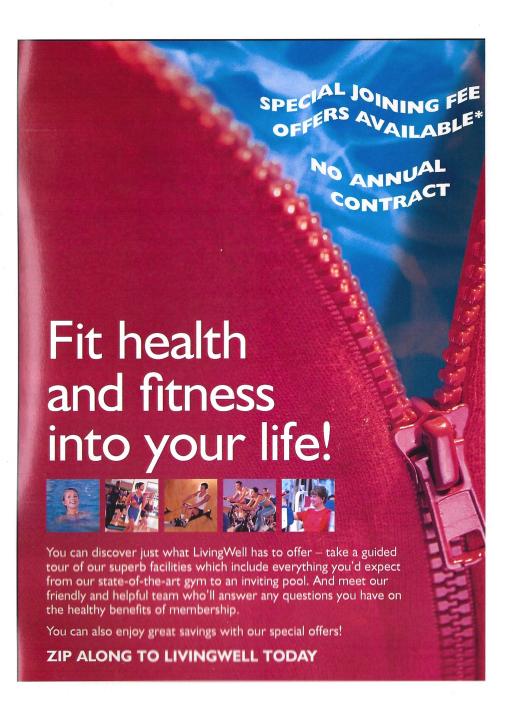
TIME-OUT Use both hands to form a T in front of the chest.

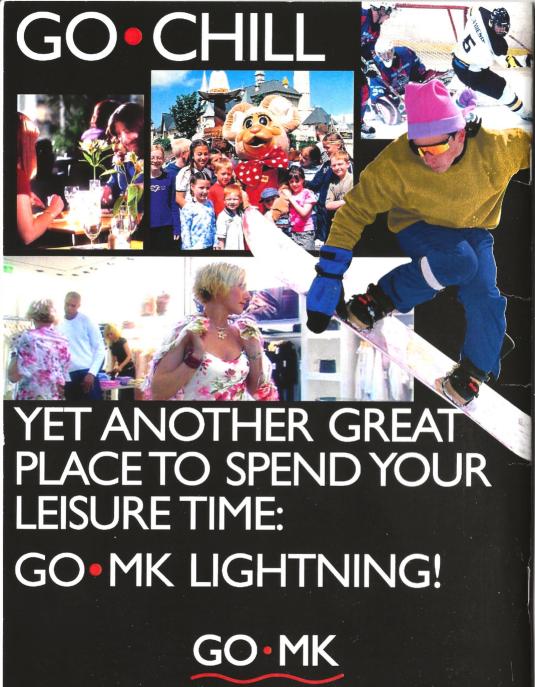


ICING Linesmans arms folded across the upper chest.



KNEEING Slapped the knee with palm of hand. Called when using knee to impede opponent.





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