

Milton Keynes Lightning
v
Chelmsford Chieftains
English National Premier League



Saturday 7th September
2002
Face Off 7.00pm

Barfordian
Coaches

Two exciting new teams arrive in Milton Keynes



The Leon Cupra R

from **£16,995** on the road*

Specification includes:

- 210bhp
- Immobiliser and alarm
- ABS, EDS and TCS • 6 speed gearbox
- Electric front and rear windows
- 6 CD autochanger • Front sports seats
- Power steering • Remote central locking
- Climatronic air conditioning • 17" alloy wheels
- Driver's and front passenger's airbag & front side airbags



Milton Keynes SEAT

Proud
sponsors of

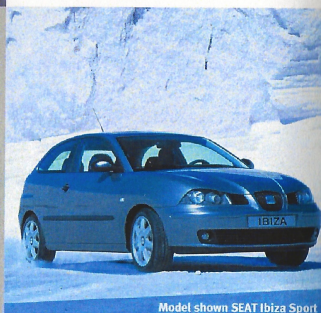
The Alhambra

from **£15,995** on the road*

Standard specification includes:

- Power steering
- Air conditioning
- Front electric windows
- Remote central locking
- Immobiliser and alarm • ABS
- Six speed gearbox (manual versions)
- Anti dazzle rear view mirror • Seven seats
- Driver's, passenger's & front side airbags

Milton Keynes Lightning



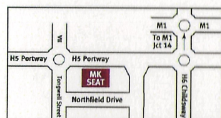
Model shown SEAT Ibiza Sport

The New Ibiza

from **£7,995** on the road*

Standard specification includes:

- Radio/single CD with 8 speakers
- Air conditioning • Driver's airbag
- Passenger's airbag with de-activation
- Remote central locking with deadlocks
- Cryptocode immobiliser • Central sunvisor
- Power steering • Reflector in front door panel
- One-touch electric front windows with anti-squeeze facility



Milton Keynes SEAT

Northfield Drive, Milton Keynes.

Tel: 01908 351199

www.seat.co.uk



SEAT

Fuel consumption and CO₂ emissions measured in accordance with EU Directive 99/94. Urban: 19.1-49.6mpg / 5.7-14.8 ltr per 100km, Extra Urban: 33.2-78.5mpg / 3.3-8.5 ltr per 100km, Combined: 26.2-64.2mpg / 4.4-10.8 ltr per 100km, CO₂: 139-228g/km

*ON THE ROAD LIST CASH PRICE INCLUDE DELIVERY, NUMBER PLATES, VALUE ADDED TAX, 12 MONTHS' VEHICLE EXCISE DUTY BASED ON THE CO₂ EMISSION LEVEL AND VEHICLE FIRST REGISTRATION FEE AS APPLICABLE AT THE TIME OF SUPPLY. VAT IS CHARGED AT 17.5% ALL PRICE AND PRODUCT INFORMATION CORRECT AT TIME OF GOING TO PRESS. MODELS SHOWN SEAT IBIZA SPORT, LEON CUPRA R AND ALHAMBRA S.



Lightning Directory

Executive Committee Members:

Harry Howton (Chairman)
Vito Rausa (General Manager)
John Jamieson (Team Manager)
Nick Poole (Players Rep)
Simon Howard (Players Rep)

Associate Committee Members:

Dave Fairhurst (MK Thunder)
Pete Ledgard (MK Juniors)
Pat Corrigan (Supporters Club)
Simon Hunter (Supporters Club)

Coach:

Nick Poole

Asst. Coach:

Simon Howard

Programme Contributors:

MKHSC, MKJHC, Paul Brookman

Sponsorship & PR:

Vito Rausa, Chris Piggott, Ian Cook

Match Night Announcers:

Jacqui Dennis & Ian Cook

Official Scorer:

Simon Hunter

Timekeeper:

Martin Waters

Penalty Boxes:

Ernie Ovenden

Goal Judges:

Roy Langley

Match Night DJ:

"MK Jesters"

David Stevenson

First Aid:

Pete Nolan

Photographer:

Ian Summers

Website:

www.mk-lightning.com

Box Office No:

01908 694239

Face Off Times:

Saturday 19.00hrs

Sunday 18.00hrs

Admission Prices

Adult £6.50

Child £3.50

Family (1Ad+2Ch) £10

Family (2Ad+2Ch) £16.50

Concessions £5.00

Programme Edited By:

Lightning Strikes

Programme Production:

Kall Kwik MK

This programme is published on behalf of the MK Lightning.

Opinions expressed within are not necessarily representative of the publishers. All material is copyright and may not be reproduced without the written consent of the publisher.

Tickets are issued subject to regulations governing the admission of spectators. The management reserves the right of admission. Alcohol may not be brought into the premises. Milton Keynes Lightning merchandise is only available through approved outlets within the arena. No flash photography is allowed during the game.

From The Bench....

Good evening and welcome back to the "Thunderdome" for tonight's top of the table clash with the Chelmsford Chieftains. After last Saturday's nail-biting match the boys are hungry for our first win on home ice. Expect more of the same intensity and end to end action as we take on a confident Chelmsford side that beat Romford 5-1 on Sunday.

For those of you who didn't make it down to Invicta on Sunday we recorded our first victory with a gutsy performance in a rink which saw only one home defeat all last year. We had a short bench all weekend and I am very pleased with the efforts of each player so early in the season.

Congratulations to both Kieron Goody and Greg Owen for scoring their first goals in senior hockey. I would also like to recognize the great job by the Thunder players who stepped in to fill the void left by certain key injuries.

All in all a great start to the season and some solid foundations laid on which to build a successful campaign.

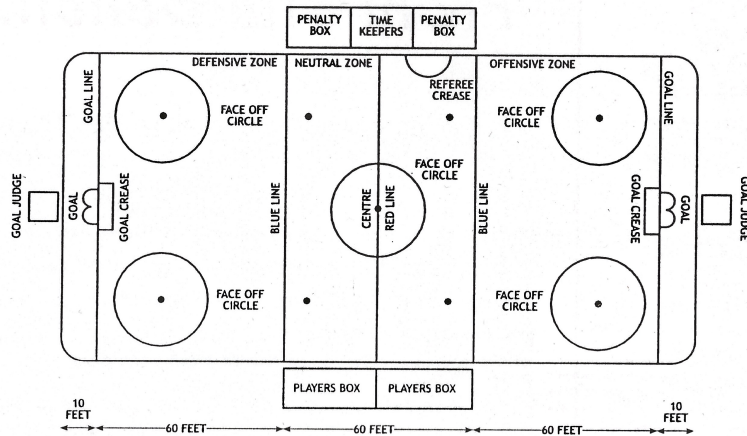
Once again sit back, buckle up and prepare to
"ride the lightning"

Nick Poole

Signing Autographs after tonight's game
Gary Clarke and Phil Wooderson

www.icehockeyleague.co.uk

THE ARENA



Game Officials

The referee controls the game. He calls all the penalties and must decide the legality of goals, though sometimes he will call time and ask his linesmen for an opinion before he makes the final decision. The duty of the linesmen is to determine offside and icing. They drop the puck for face offs. They chase the puck after stoppage of play.

Object of the Game

The object is to score goals by putting the puck in the other team's goal whilst making sure that the other team don't do the same to you. Players can hit it in with a stick or deflect it off another player including the goalie.

Rules of the Game

There are only **two** basic rules in ice hockey:

Off Side: When an attacking player crosses the defending team's blue line before the puck he is Off Side. Play is halted and a face-off is held on the nearest spot in the neutral zone.

Icing: If a defending player shoots the puck from his own half past the opposing team's goal line and the puck is next touched by an opposing player, icing is called. Play is halted and the puck is returned to the place where the pass originated.

Duration

The senior game consists of three periods of twenty minutes each. The clock stops with the action.

Scoring

A goal is legal if all of the puck crosses all of the goal-line.

EXCEPTIONS ARE:-

It's not legal however if there is an attacking player in the goal crease who is currently not held by a defender whilst his team mates score.

It is legal to score by kicking providing the puck is deflected off a defenders stick before entering the goal.

No more than two assists can be credited on any goal and these go to the players who handle the puck immediately preceding the goal.

entering the Thunderdome tonight

Chelmsford Chieftains

The Chieftains return to the English Premier League this season, having spent a year in the English National League, where they came up against our own MK Thunder. They have put together a team that may well upset a few teams in the EPL, as was the case last weekend, when they came away from Romford with a 5-1 win.....

ONES TO WATCH:

Kyle Amyotte #14 Forward – Import

At only 23 years old, Amyotte took the league by storm last season notching up an impressive scoring record, pushing towards the top of the league stats with figures of 57 goals, 43 assists to total 100 points from 40 games, with 32 penalty minutes.

Kyle was a late addition to the Chieftains roster, as it was thought that he would stay with the IOW team.

Andy Hannah #47 Forward – Import

Hannah, is a veteran of this league having played for Invicta last season, he has a big presence on the ice, with a hard shot, and he'll be expecting plenty of points this season.

Last season with the Mo's, his record was 46 games 37+32=69, with 170 penalty minutes.

Chris Douglas #49 Netminder – British

A young British netminder with a great future in the game having come up through the junior ranks, he has moved up the A12 from the Romford Raiders, where last season he had a record of 648 minutes played with an average of 2.59 goals against.

Jon Beckett #74 – Forward – British

A 30 year-old British forward, who first played at Streatham, moving to Romford where he spent most of his career, before moving to Chelmsford last season. An experienced player who often pops up in the right place at the right time, last season notched up 11+11=22 points from 11 games, with just 36 penalty minutes.

Richard Tomalin #5 Defence – British

Another ex-Romford player, having moved to Chelmsford, he missed much of last season with a heel injury. A defenceman, who is never afraid to get involved, yet has the skills to put points on the board.

OLLIE'S ORACLE

This is the first oracle I have written in the opposition's programme. I write the oracle regularly in our own programme and I am proud to say I have never missed one in all the time I have managed the Chieftains. Some of you may be aware I decided to drop down to the English National League (ENL) last season. Financial restraints being the main problem. This gave me a chance to try some of our local talent out. The season was good; we finished in the top half of the league.

This season back up to EPL. On paper there seems to be some good opposition but you never know until 'on the night' so to speak.

Chieftains have played at Milton Keynes on and off over the years. My memories are of a large well-lit ice surface, a brilliant D.J. and two male go-go dancers who seemed to dance all night. These guys were opposite our bench. I also remember having to call the police because cars had blocked our coach in. It took us about two hours to get out. Ah; memories are a wonderful thing.

Thanks for inviting us here tonight, you are all more than welcome to come to us next time. Here's to a good game of hockey.

Regards

Ollie Oliver (General Manager of Chelmsford Chieftains)

Junior News

u10s Match Report.....

Last Saturday saw the first game of the new season for the u10s, with a long trip to Newcastle for a series of cross ice matches in the morning. This was followed by four full ice matches in the afternoon. For most of the u10's it was their first chance to play in a proper match, and the young side acquitted themselves well, although we only managed to score once during the day! The results didn't do justice to the effort and commitment shown by the players, and after such a long and tiring day (on the ice at 9am off at 5pm) it was great to see all of the boys still smiling and laughing and showing some proper team spirit. We are now looking forward to our own cross ice tournament on Saturday 14th September when we will be able to field a stronger team. The cross ice formula is proving to be a great way for the youngsters to improve their Hockey skills. So have a look at the u10's tonight and be the first to see the future Lightning stars, as they take to the ice for a short demonstration during the break in the main action

Got your season ticket ?

With a season ticket, you can watch each home game from the same seat, not have to queue on match nights to buy a ticket, or have to remember to pre-book your match night ticket in advance.

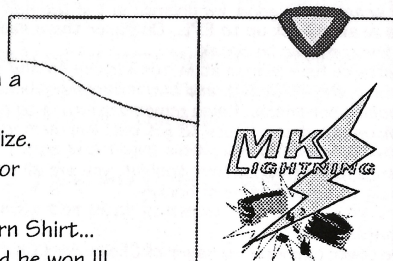
Application Forms & Season Ticket Prices available from the Supporters Club stand or download the information from the Lightning website @ www.mk-lightning.com

WIN

The Shirt Off His Back.....

Tonight's Lucky Winner will be presented with a shirt on the ice, at the end of the match.
Buy your tickets now for this very special prize.
Tickets £1 each from the Programme stand or Supporters Club stand.

Dont Miss Your Chance To Wear A Game Worn Shirt...
listen to the announcer for whose shirt could be won !!!



www.icehockeyleague.co.uk

Milton Keynes Junior Ice Hockey Club

Come down and watch the stars of tomorrow.....

Sun 8th September – u16s v Slough @ 12:45

Sat 14th September – u10s Cross-Ice Tournament from 12:45

Sun 15th September – u19s v Slough @ 17:30

Sat 21st September – u12s v Swindon @ 12:45

Sun 22nd September - u16s v Guildford @ 12:45

Sat 28th September - u14s v Bristol @ 12:45

Sun 29th September - MK Falcons v Invicta @ 17:30

Entry is **FREE** to all junior games

Tomorrow

MK Thunder v Oxford City Stars – F/O 18:30

HOCKEY IS A FAMILY SPORT !

This is what we claim, and here in MK it is true, we have many families with young children who come regularly to our games and we want to encourage more to come.

Please remember this in the heat of the game, I know referee decisions sometimes don't go our way, opposition fans are chanting etc, however, we must not resort to bad language and abuse either of players, fans or officials.

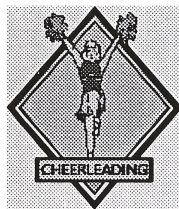
This is a matter of great concern for us as we have had several complaints.

We will eject anyone from the game if they cannot control themselves

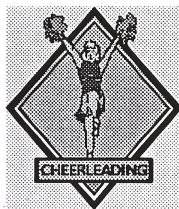
- this is to protect the interest of the majority of our fans and the good name of the MK Lightning.

If anyone wishes to report any such incidences please inform any Lightning official by the merchandise stand or Planet Ice reception and we will deal with it.

www.icehockeyleague.co.uk



ICE GEMS CHEERLEADING SQUAD



Fancy Cheerleading
why not join us on
Wednesday evenings
at 6.00pm in the bar

FORTHCOMING EVENTS

Ice Gems Presents
An Evening Of
Magic, Mystery and Illusion

@

The Moot Hall
Great Holm

On

27th September

Tickets £20 including Dinner

Ice Gems Presents
Disco Heaven

in

The Main Bar
Planet Ice

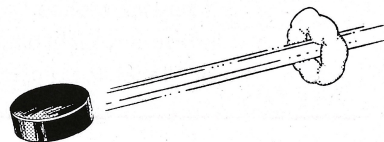
on

Friday 13th September

Tickets £2 each

TICKETS AVAILABLE BY CALLING 0797 7653160
OR
DIRECT FROM ICE GEMS REPRESENTATIVES
DURING EACH GAME

Hockey is a Dangerous Sport.
Keep your eyes on the puck
at all times!!



www.icehockeyleague.co.uk

PHYSIO

Using ultrasound,
electrotherapy &
muscle energy
techniques to treat
sports injuries &
help towards a
speedy recovery.

OSTEOPATHY

Used to help alleviate
joint pain, (specifi-
cally back pain).
Uses a variety of
techniques to manipu-
late joints back to a
normal position.

CRANIO-SACRAL THERAPY

For the treatment
of migraine,
sinusitis, asthma,
digestive problems,
tension and
anxiety. A very
relaxing and gentle
treatment.

CHIROPODY

Treatment for
common foot dis-
orders like: corns,
verruca, bunions,
athletes foot &
nail conditions.
Don't wait to reap
the benefits of
healthy feet!



Telephone: 01908 614045

COMPLETES THE
PUZZLE

RE-HAB GYM

All the latest C.V.
And weight bearing
equipment that is
heart rate monitor
compatible. Used
for a quick recovery
from injury.

MASSAGE

Used to ease sore
and painful mus-
cles which restrict
a full range of
movement within
the joint. Increases
blood flow to
muscles, releasing
tension.

REFLEXOLOGY

A method of bringing
about relaxation,
balance and healing
through stimulation of
the reflexes on the feet.
Helps eliminate toxins,
unblock nerve impulses
and balance the whole
body system.

ORTHOTICS

Made of carbon fibre
these insoles are
covered with a shock
absorbing material.
They are individually
designed to correct
the bio-mechanics of
the foot.

www.icehockeyleague.co.uk

Match Report..... Match Report..... Lightning v Raiders Saturday 31st August

Period Scores: 1-1, 3-3, 3-3

**Clarke: 1+4, Poole: 2+2, Randall: 1+1, Newman: 0+2, Campbell: 0+2,
Skinnari: 1+0, Kieron Goody: 1+0**

Nets: Hollyhead 54/7

Well you could have hardly asked for anything more as Lightning heralded the opening of a new ice hockey era at Planet Ice on Saturday – except perhaps a win! What a night – a big crowd and plenty of action and drama for Lightning's first English National Premier League game against Romford Raiders. If you had written a script for the evening you could have hardly come up with anything better – especially when Nick Poole equalised with 18 seconds to the final buzzer!

As it was the draw 7-7 was full value for money and the fans, especially those newcomers who had not experienced the atmosphere of a game before. They must have gone away well satisfied.

However when Raiders went ahead in the 10th minute through Jason Rushton it looked as though they might spoil the party.

But then Lightning served up some thrills of their own with Greg Randall levelling in the final minute of the first period.

Three Lightning goals in the first four minutes of the second session – a Gary Clarke powerplay plus others from Mikko Skinnari and Kieron Goody put Lightning on course for victory.

Inexplicably they then let Raiders back into the game with Rob Douglas, Rushton and Greg Randall's brother, Jamie, squaring things up by the 32nd minute.

Poole put Lightning back in front early in the third before Ben Pitchley and Mark Williams gave Raiders the advantage. Greg Owen, signed just days before the start of the season, equalised for Lightning but once more Rushton edged Raiders in front with less than five minutes remaining.

Just as it looked as though defeat was looming netminder Barry Hollyhead was withdrawn for the extra skater and up popped coach Poole at the right hand pipe to save the day!

What a game, what a night – great stuff but let's not leave it so late next time! It's not good for the heart and stress levels.

Paul Brookman,



Can Nick Have His Cake And Eat It ?



Nick Poole with Horizon Presenters Louise & Ben
enjoying a coffee break at the launch of MacIntyre
Care centre's campaign to raise £35K,
at the coffee shop,
Great Holm on Tuesday 2nd September.

B | B | C THREE COUNTIES RADIO
95.5 FM (BEDS.), 104.5 FM (BUCKS.),
103.8 FM (HERTS.)

Listen to Toby Freidner in the morning,
with Live chats and updates with the
MK Lightning team.

www.icehockeyleague.co.uk

MK Lightning can offer a full range of Sponsorship & Corporate opportunities

Who are we?

As a professional sports team dedicated to the development of the game, the Lightning's aim is to promote ice hockey from grass roots to the highest senior level. Linked to the Lightning are the Thunder, an under 21 development team, the Junior programme, which has teams running from u10's to under 19's, MK Falcons (Ladies), and MK Jesters. The Lightning also support and encourage the Schools programme, which currently has over 500 children enrolled, as well as the 'Wobblies' and 'Learn to Play' courses.

Opportunities are many and include:

Team & Player Sponsorship
Rink Advertising Boards
Programme Advertisement
Rink Banners

Match Night Sponsorship
Entertain or be entertained – full packages to suit your requirements

Ice and Zamboni Advertising

Call our hotline now

01908 694239

for a Sponsorship & Marketing Brochure

www.icehockeyleague.co.uk



Milton Keynes Lightning



PLAYERS		GOALS						PENALTIES			
		G	A	A	Time	PP/SH		No	Offence	Dur	Time
1. Allen Sutton ✓								11	Hooking	2	6 ⁰⁸
3. Paul Gore ✓								22	Roughing	2	11 ⁰⁵
4. Michael Knights (A) ✓	1	9	27	50	11 ⁰⁵	PP		18	Slashing	2	14 ⁵⁸
5. Leigh Jamieson	2	9	91	31	13 ⁰⁹	PP		20	X Check	2	18 ¹²
7. Phil Wooderson ✓	3	22	14	50	14 ³⁰	4 ⁰⁰ 4		20	Interference	2	25 ¹²
8. Rich Munnelly ✓	4	50	91	8	22 ⁰³			20	Holding	2	28 ⁰⁶
9. Greg Owen ✓	5	91	11		35 ¹⁷			27	Check Behind	2	37 ²²
11. Mark Krater ✓	6	50			36 ⁵³			4	Tripping	2	39 ³¹
10. Geoff O'Hara ✓	7	91	11	50	37 ⁰³			4	Hooking	2	47 ⁵⁶
14. Gary Clarke ✓	8	27			49 ⁰¹	SH		22	Check	2	54 ⁵⁵
17. Dean Campbell (A) ✓	9	14	27	9	52 ⁰⁹			4	Misc.	10	54 ⁵⁵
18. Kieron Goody ✓	10										
22. Dwayne Newman (C) ✓	11										
27. Mikko Skinnari ✓	12										
31. Barry Hollyhead ✓	13										
50. Greg Randall ✓	14										
55. Simon Howard	15										
91. Nick Poole ✓	16										
16 CONWAY ✓	17										
	18										
	19										
	20										
Coach: Nick Poole		Man of Match Award:						Tonight's Referee			
Asst. Coach: Simon Howard		22 NEWMAN.						BONIFACE			
Team Manager: John Jamieson											
Team Medic: Pete Nolan											
Equipment: Andy Phillips											

Mascots:
Jamie Miller
Aiden Hicks

Period Score	1st	2nd	3rd	Final
Lightning	3	4	2	9
Chieftains	1	3	4	8



Chelmsford Chieftains



PLAYERS		GOALS						PENALTIES			
		G	A	A	Time	PP/SH		No	Offence	Dur	Time
4. Daniel Cabby ✓								47	Slashing	2	7 ⁵³
5. Richard Tomalin ✓	1	14	22		17 ⁴²			33	Holding	2	10 ²⁴
6. Andy Clements ✓	2	14	4		24 ³⁵			47	Roughing	2	11 ⁰⁵
7. Glen Moorhouse ✓	3	14	47	22	25 ⁵⁷	PP		18	Tripping	2	11 ⁴⁹
8. Ross Jones ✓	4	22			37 ³⁴	PP		22	H. Stick	2	14 ¹⁹
9. Richard Whitting (c) ✓	5	4	14		41 ¹¹	PP		22		5 ¹ 4	54 ⁵⁵
10. Ricky Mills	6	22	47		48 ⁵⁵	5					
11. Darren Botha ✓	7	14			54 ⁵⁵						
12. Shaun Wallis ✓	8	5	74		58 ⁵⁵						
14. Kyle Amyotte ✓	9										
17. Lachlan Coombe	10										
18. Steve Birch ✓	11										
19. Danny Hughes ✓	12										
22. Andrew Power ✓	13										
23. Danny Wright ✓	14										
33. Russell Bishop ✓	15										
37. Paul Wilcock (NM) ✓	16										
39. Roy Kiely ✓	17										
47. Andy Hannah (A) ✓	18										
49. Chris Douglas (NM)	19										
74. Jonathan Beckett (A) ✓	20										
3											
Coach:											
Erekin Douglas & Dean Birrell											
Team Manager:											
Ollie Oliver											
Man of Match Award:		74 BECKETT.						TONIGHT'S LINESMEN			
								KAVANAGH.			
								EARL			

Shots on Goal	1st	2nd	3rd	Final
Lightning	14	8	9	31
Chieftains	9	19	10	38

Match Report..... Match Report.....

Dynamos v Lightning Sunday 1st September

Period Scores: 0-1, 2-2, 0-2

Owen 3+1, Clarke 2+2, Poole 0+2, Randall 0+1, Newman 0+1, Campbell 0+1
Nets: Hollyhead 42/2

Lightning's young guns strike down the League Champions.....

Lightning won their first away game of the season against the current League Champions Invicta on the back of a hard fought game against Romford the night before. Missing both Simon Howard through a thigh injury and young Leigh Jamieson with a wrist injury the team had to ask for an extra effort from their key utility players.

After a tight beginning and obvious nerves from the home side, Lightning's Greg Owen opened his account for the evening at 13.32 with a smooth finish. Lightning managed to kill off two Invicta powerplay opportunities and went into the first period break still one goal up.

Straight after the break the Dynamos struck back through their big Finnish import Samuli Mykkanen to tie the game and then extended their lead through Elliot Andrews at 27.26. However, Lightning dug deep and pulled back the deficit through Greg Owen again on the powerplay at 34.37, followed by a Gary Clarke strike 50 seconds before the end of the second period to lead 3-2.

Lightning then came out in the third period and started to use their experience and skill to control the pace of the game. Invicta tried desperately to pull back the lead however instead managed to concede again giving Greg Owen his Hat-trick goal at . The final nail in the coffin came when Clarke scored his second of the game at 53.37 and finished off a great first weekend for the Lightning.

Assistant coach Simon Howard, who was on the bench, said that he was pleased with the team's start and after a tough game on Saturday it was great to come to Invicta and win. "Invicta is a tough rink to play in and a lot of teams will come away from here with no points, we must remember that they were the League Champions last year and this is a fantastic scalp for us."

www.icehockeyleague.co.uk



Watch The Lightning Strike....Again !!

Kall Kwik Milton Keynes
proud to be supporting
MK Lightning's Inaugural season

Kall Kwik
PRINT COPY DESIGN

Tel: 01908 605456

Fax: 01908 674366

www.icehockeyleague.co.uk

Connells

For all your property needs

Milton Keynes
01908 674141

Stony Stratford
01908 563993

Bletchley
01908 375241

Newport Pagnell
01908 610805

Residential Sales & Lettings • Mortgage Services • Conveyancing • Surveyors • Land & New Homes

www.connells.co.uk



LIGHTNING COVERAGE!

For the very latest reports on all MK Lightning games

Milton Keynes
Citizen
Sunday
Citizen

ADVERTISING: 01908 371133

EDITORIAL: 01908 372279

e-mail: info@mltonkeynes.co.uk
<http://www.mltonkeynes.co.uk>

www.icehockeyleague.co.uk



Milton Keynes Ice Hockey Supporters Club News

A very warm welcome is extended to Chelmsford Chieftans and their travelling fans. We wish you well for the coming season. Enjoy the match and have a safe journey home. We need to point out that children under the age of 16 are not allowed to remain in the licenced bar after 9.30pm. They can adjourn to the family room, after that time and access will be through the door leading into A block. All children under the age of 12 must be supervised by an adult in the family room please.

The Supporters club committee for this year are as follows:

Pat Corrigan, Debbie Marshall, Allyson Jones, Melanie Chandler, Roy Warlow and Simon Hunter with Russell Turnham taking on the role of Treasurer. If at any time you wish to contact any one of us, please do not hesitate to do so. Contact details will be on the Supporters Club stand if you wish to telephone, you can come and see us there, or write a letter c/o Planet Ice CMK.

Our main priority at this moment in time is to establish an efficient and viable club, so that we can help the MK Lightning through it's inaugural season and provide a good, solid supporters club base. From this we can then provide a measure of support for all the hockey teams playing from Planet Ice CMK. This includes the Jesters, Falcons, Junior teams and the Thunder. With your support and help I'm sure that we can do so within the first season and go into next season with the funds to do so. Initially we must raise funds so that a variety of merchandise is on sale to all the supporters who come to watch the games and we shall be having several raffles and auctions to help boost our income. Please bear with us in the first few months, by December we should be on our feet and be in a position to help the team financially.

SHIRT OFF HIS BACK will be held at each home game and the tickets will be available during the intervals, and from the club stand during play. It will be drawn by a spectator at the beginning of the last period and the winner announced before the end of the game. The shirt (still soggy and sweaty) will be presented on ice by the player. Good luck to you all. The whole of the income from this draw will go directly to the team, so your contribution is important. This week it will be a "mystery" player. Name to be announced after the draw.

Last week Gary Clarke's shirt was won by Amy Burgess from B block. Congratulations Amy

50 / 50 draw Your collectors, Russell and Terry, will be armed with goodies as usual at the top of the concourse and we shall have additional collectors around the rink. The draw will be made at the beginning of the last period and announced before the end of the game. Half of the money taken will be given in prize money, and the balance goes towards the Supporters Club providing financial support for the team. Last week Nic Randle collected £107 and promptly bought 2 shirts and joined the SC Thank you for your support Nic and family.

TEAM AUTOGRAPHS There will be two different players signing autographs outside the team dressing room this week and we have an Official Autograph card for you to fill with the whole teams signatures. They can be collected from the Club stand during the game. When you have every one you will be entitled to a free player photograph.

MERCHANDISE MAIL

As we have only recently been formed we have a limited budget for merchandise but the merchandise team have done their best to provide you with a variety to choose from now, and will add to the range as we accumulate the funds to do so. Season ticket holders are entitled to a 10% discount on one adult shirt and Supporters club members to 5%. (If you are both then you can save up to £7.50) Due to the unbelievable interest in the LIGHTNING shirts we have almost sold out. We have placed an order for a further 100 which will be delivered within the next 2 weeks, hopefully in time for next weeks game but definitely for Sept. 15TH. For those of you who placed your order, please come to the club stand to pay for the shirt this week or next as we have to pay up front for them.

HAVE YOUR OWN NAME AND NUMBER ON YOUR SHIRT WITH A

Lightning personalised shirt (to order) ONLY	£60.00	Delivery approx 3 weeks
Lightning Playing shirts - Plain	£45.00	
Lightning Playing shirts - Named	£50.00	
Full zip fleeces (to order) with logo	£30.00	
Half zip fleeces (to order) with logo	£27.50	
Childs Full zip fleece (to order)	£20.00	
Black Polo shirts with logo - Adults	£18.00 non members	£15.00 SC Members
Children's polo shirts	£12.50 non members	£11.50 SC Members
Embroidered logos onto your own garment - Special to SC Members only	£6.00	
Baseball caps - black with yellow rims	£9.00 non members	£7.50 SC members
Knitted hats with logo	£8.50 non members	£7.50 SC members
Woven patches	TBA	
Enamel lapel Pins	£2.50 non members	£2.00 SC Members
Button Badges/ Key Rings	£0.50p	
Blow Horns	£5.00	
Pom poms	£2.00	
Childrens rattles	£1.00	
Hockey cards - assorted packs	£0.50p and £1.00	
Special edition bronzed pucks	TBA	
Signed match pucks	£2.50	
Stress pucks	£2.50 (not that we will need them!)	
Mugs	£5.00	

www.icehockeyleague.co.uk

If there is any special merchandise that you would like us to stock, please leave a note at the club stand or speak with Melanie. We will always try to respond positively to any such request. We have also looked into getting some of the LIGHTNING signs for your car - to match the sponsored cars that Nick, Howie and Dwayne drive courtesy of our generous car sponsor - SEAT, MILTON KEYNES. This would be the name Lightning, with the flash underneath that is on the back of the players shirts. If we have sufficient interest, they can be made available at a very reasonable price, (Could be as low as £15.00) so come and put your name down at the SC stand.

SUPPORTERS CLUB MEMBERSHIP

For those of you that have joined already your membership cards are ready for collection at the club stand. Those who have recently joined need to pick up your supporters club personalised key ring. The membership has already reached 120 and is steadily growing. There are many benefits to joining: Discounts on club merchandise, special rates for travelling on the coach to away games, 5% discount on your lightning shirt, a meet the players evening with a buffet in September, priority booking at the Christmas and End of Season Parties, and special events held with the team for members only. We want everyone to be able to speak with and enjoy our team and there are other events planned to include all supporters which we hope will be well attended.

SOCIAL SCENE

During September we will be holding a "Meet the Players" for Supporters Club Members and Season Ticket Holders. The time and date will be announced next week. It will include a snacks buffet and probable be after a Thursday training session.

In November we are planning a bowling evening at Xscape and those of you that came last time will remember how much everyone enjoyed the night.

December heralds Dr Phil's Quiz night, a must for all you quiz buffs and for the rest of us idiots as well. The questions are very varied and not always as simple as they sound. It will be held in the last week of December and the entry forms will be available from the beginning of November.

The Christmas party preparations have started already and finalised details will be released in October but we have a MUST for the first prize in the raffle. Watch this space.

BUS BUSINESS

We are running a coach to Ally Pally on 8th September leaving the Car Park (by the Zamboni entrance) time to be arranged. Details on Club stand. We shall be attempting to run coaches to all away games so to avoid being disappointed, please book early. We shall be going to the Isle of Wight on Saturday 4th January and will stay overnight getting back to MK in time for the Sunday game. Book early as we shall need to let Barfordian have approximate numbers by the end of November so they can book the ferry.

PLAYER OF THE MONTH TROPHY

Once again the Supporters club player of the month will be voted on by members and the trophy presented at the first home game in each month. Forms will be available at the SC stand from the second week of the month. They should be handed in at the close of play at the last home game in each month. The Sponsor of all these beautiful trophies will again be Deb and Bob Marshall of RCM Partitions. Bob and Debbie are long time supporters of hockey in Milton Keynes and on behalf of all the MKIHSC members and the Lightning players we must thank them for their generous sponsorship.

THE EQUIPMENT SPONSORSHIP GRID is on the following two pages. To get your name in the match night programme every week, sign up at the club stand. The basic equipment sponsors will receive a signed photograph of their sponsored player, and details of the special sponsorship deals can be seen at the club stand.

As well as the normal basic equipment sponsorship in the programme for which a signed photograph will be given, the following additional sponsorships are available:

- o Stick sponsor - £60 - Signed stick + Team Photo
- o Skate Sponsor - £100 - Signed Shirt + Team photo
- o Shirt Sponsor - £100 - Signed Shirt + Team photo
- o Player Sponsor - BRONZE £150
 - Signed shirt
 - Meal with the sponsored player with other personally sponsored players and guests
 - Photograph with player on Ice
- o Player Sponsor - SILVER £300
 - Signed shirt + 2 free tickets during the season to "introduce a friend"
 - Photo with player on Ice
 - Season Ticket
- o Player Sponsor - GOLD £450
 - Shirt signed by team + meal at Christmas with the sponsored player with other personally sponsored players and guests + player photo
 - 2 free tickets during the season to "introduce a friend"
 - Plus season ticket
- o Supporters Match sponsorship - £200
 - 10 tickets to match
 - 10 programmes
 - Buffet with waitress service after match (Children allowed)
 - 10 photographs of the group taken with several players
- o Supporters Match sponsorship any number of guests
 - between 11 and 120
 - As above at £20.00 per head

Do the 'Wobblies' with Nick Poole.

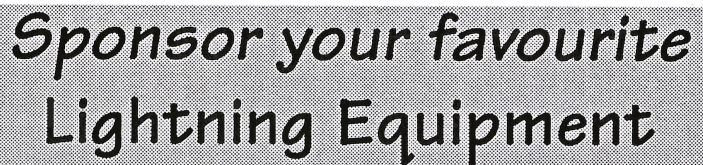
The "Wobblies", is a course for potential ice hockey players, who are interested in joining the Milton Keynes Junior Ice Hockey Club. The course allows these players to experience the sport of ice hockey, by wearing a helmet and using a hockey stick and plastic puck. The course is aimed at children under the age of twelve.

Courses are organised by the MK Junior Club, under the direction of Nick Poole.

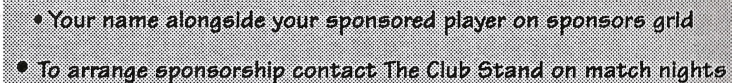
For further information contact, Alison Anders on 01908 267135

SPECIAL SPONSORS TO
MIKE KNIGHTS
Keith and Lorna Main (KLM)

SPECIAL SPONSORS TO
MIKE KNIGHTS
Gary Cockram



www.icehockeyleague.co.uk



www.icehockeyleague.co.uk

Fixtures & Facts

Date	Opposition	H/A	Competition	Face Off	Result	Man of the Match
August						
Sat 31	Romford Raiders	H	ENPL	19.00	7-7D	N.Poole
September						
Sun 01	Invicta Dynamos	A	ENPL	17.15	5-2W	G.Owen
Sat 07	Chelmsford Chieftains	H	ENPL	19.00		
Sun 08	Haringey Racers	A	ENPL	17.15		
Sat 14	Nottingham Lions	H	ENPL	19.00		
Sun 15	Peterboro Phantoms	A	ENPL	17.30		
Sat 21	Telford Wild Foxes	H	ENPL	19.00		
Sun 22	Nottingham Lions	A	ENPL	17.00		
Sat 28	Haringey Racers	H	ENPL	19.00		
Sun 29	Romford Raiders	A	ENPL	17.15		
October						
Sat 05	Invicta Dynamos	H	ENPL	19.00		
Sun 06	Slough Jets	A	ENPL	18.15		
Sat 12	Chelmsford Chieftains	H	ENPL	19.00		
Sun 13	Telford Wild Foxes	A	ENPL	17.30		
Thu 17	Coventry Blaze	A	Challenge	20.00		
Sat 19	IOW Raiders	H	ENPL	19.00		
Sun 20	Romford Raiders	A	ENPL	17.15		
Sat 26	Haringey Racers	H	ENPL	19.00		
Sun 27	IOW Raiders	A	ENPL	18.30		
November						
Sat 02	Slough Jets	A	ENPL	19.00		
Sun 03	Telford Wild Foxes	A	ENPL	17.30		
Sat 09	Nottingham Lions	H	ENPL	19.00		
Sun 10	IOW Raiders	A	ENPL	18.30		
Sat 16	Romford Raiders	H	ENPL	19.00		
Sun 17	Invicta Dynamos	A	ENPL	17.15		
Sat 23	Swindon Lynx	H	ENPL	19.00		
Sun 24	Haringey Racers	A	ENPL	17.15		
Sat 30	Slough Jets	H	ENPL	19.00		
December						
Sat 01	Slough Jets	A	CUP	18.15		
Sat 07	Swindon Lynx	A	ENPL	17.30		
Sun 08	tba	H	Challenge	18.00		
Sat 14	IOW Raiders	H	ENPL	19.00		
Sun 15						
Sat 21	Peterboro Phantoms	H	ENPL	19.00		
Sun 22						
Sat 28	Telford Wild Foxes	H	ENPL	18.00		
Sun 29	Peterboro Phantoms	A	ENPL	17.30		

www.icehockeyleague.co.uk

Date	Opposition	H/A	Competition	Face Off	Result	Man of the Match
January						
Sat 04	IOW Raiders	A	CUP	18.30		
Sun 05	Swindon Lynx	H	ENPL	19.00		
Sat 11	Invicta Dynamos	H	ENPL	19.00		
Sun 12	Chelmsford Chieftains	A	ENPL	18.30		
Sat 18	Invicta Dynamos	H	Challenge	19.00		
Sun 19						
Sat 25	GB u 20s	H	ENPL	19.00		
Sun 26	Swindon Lynx	A	ENPL	18.00		
February						
Sat 01	Swindon Lynx	A	CUP	18.00		
Sun 02	Slough Jets	H	ENPL	19.00		
Sat 08	Peterboro Phantoms	H	ENPL	19.00		
Sun 09						
Sat 15						
Sun 16	Slough Jets	H	CUP	19.00		
Sat 22	Swindon Lynx	H	CUP	19.00		
Sun 23	Nottingham Lions	A	ENPL	18.00		
March						
Sat 01	Romford Raiders	H	CUP	19.00		
Sat 02	Romford Raiders	A	CUP	17.15		
Sat 08	IOW Raiders	H	CUP	19.30		
Sun 09	Chelmsford Chieftains	A	ENPL	17.15		

Lightning Score Shown First

Playoffs to be played between March 15th & April 13th 2003

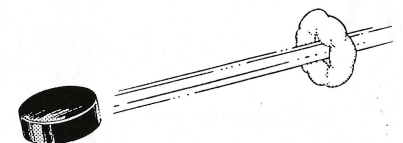
Key:

ENPL - English National Premier League

CUP - English Cup



Hockey is a Dangerous Sport.
Keep your eyes on the puck
at all times.!!



www.icehockeyleague.co.uk

OFFICIAL REFEREE'S SIGNALS



BOARDING
Pound closed fist into open palm of other hand. *Forcing a player into the boards.*



DELAYED PENALTY
Extends arm upwards and points to penalized player. *Penalty called after penalized team gains possession of puck.*



HOLDING
Clasp wrist of the whistle hand with the opposite hand. *Holding an opponent with hands or stick.*



CHARGING
Rotating clenched fists around each other. *A player who runs, jumps or charges an opponent.*



ELBOWS
Taps elbow of the whistle hand with other hand. *Using elbows in any way to foul an opponent.*



HOOKING
Tugging motion with both hands towards chest. *Impeding an opponents progress by hooking with a stick.*



CROSS-CHECKING
A forward and backward motion with both fists. *Cross-checking on opponent with the shaft of the stick.*



HIGH STICKS
Hold both fists clenched one above the other and above head. *Carrying or using stick above shoulder level.*



SLASHING
Chopping motion with one hand over the other. *Impeding progress of an opponent by slashing with a stick.*



INTERFERENCE
Crossed arms in front of the chest. *Impeding progress of an opponent not in possession of the puck.*



ROUGHING
Extends right arm from side with thrust. *Unnecessary roughness on an opponent.*



TRIPPING
Strike right leg with right hand below the knee. *Tripping an opponent with stick, knee, foot, arm or elbow.*



MISCONDUCT
Both hands on hips. *Continued misconduct after warning.*



SPEARING
Jabbing motion with both hands in front of body. *Spearling an opponent with the stick blade, or attempting to.*



WASH OUT
Both arms swing laterally across body palms down. *Goal disallowed or no offside after delay call.*



TIME-OUT
Use both hands to form a T in front of the chest.



ICING
Linesman's arms folded across the upper chest.



KNEEING
Slapped the knee with palm of hand. *Called when using knee to impede opponent.*



Barfordian Coaches

Supporting and Transporting
Milton Keynes Lightning

with excellent service & value for money
we always score....!

Call today for a FREE Brochure

01234 355440

or email: barfordiancoaches@btopenworld.com

**SPECIAL JOINING FEE
OFFERS AVAILABLE***

**NO ANNUAL
CONTRACT**

Fit health and fitness into your life!



You can discover just what LivingWell has to offer – take a guided tour of our superb facilities which include everything you'd expect from our state-of-the-art gym to an inviting pool. And meet our friendly and helpful team who'll answer any questions you have on the healthy benefits of membership.

You can also enjoy great savings with our special offers!

ZIP ALONG TO LIVINGWELL TODAY



www.mk-lightning.com